

## *Make This Day Thrive*



Be loud and **proud** about who I am

Remember unwaveringly  
the **value** I bring

Believe in myself truly and **deeply**

Do a **good** deed everywhere I can

Take a **risk** to achieve a goal

Ask for what I want **without** hesitation

Dream **bigger** than ever before

Express my **appreciation**

**Plan** for greatness

Lift someone **up**

Let my light **shine** brilliantly

**Bask** in gratitude for all I enjoy

Share my wisdom **generously**

Go **beyond** my comfort zone

Feel the **love** that is all around me

Know that I **deserve** what I desire

*I have the power to **thrive** today.*

*Caterina Rando*

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